

CAPPS MIDDLE SCHOOL BAND PRACTICE CARD

Name: _____ Dates: _____

	Weekly Practice Objectives	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Total Min.
1	_____								
2	_____								
3	_____								
4	_____								
5	_____								
6	_____								
7	_____								
8	_____								

120 min = 100%

Total Weekly Minutes: _____

135 min = 105% 150 min = 110% 165 min = 115% IF TURNED IN ON TIME ON MONDAYS ONLY!!

Parent Signature _____

Comments/concerns/questions